

COMMUNICATION AND EMPHATY for STRENGTHENING LINKS to SCHOOL

One of the biggest factors that connects an individual to the institution he / she works with and ensures high efficiency in line with the interests of the institution and himself is hidden in the emotional bond he establishes with the institution and his colleagues. The role of communication skills and an empathic approach in revealing this emotional bond is undeniable. When the situation assessment is made in the axis of student and parent satisfaction in the formation of the corporate culture.

## Description

- DAY 1
- Opening, meeting the participants
- Basic Concepts of Communication,
- Skills to ask questions in communication
- The importance of tone and body language in communication
- DAY 2
- Single-Duplex Communication,
- Effective Listening,
- Understand-Reflect (Staying in the Communication Channel),
- Providing Emotional Support
- DAY 3
- Self-Recognition and Acceptance Window (Johari Window)
- Life Positions and Effects on Communication
- Recognizing Emotions
- DAY 4
- Coping with Resistance
- Communication Barriers
- Statements of support and disapproval
- I-You Language
- DAY 5
- Honouring statements
- Empathic Approach
- Closing.

### Learning objectives

- o Can realize the basic concepts of communication.
- o Realize the basics of people's communication needs
- o Realizes the elements of self-expression skill.
- o Realizes the importance of knowing yourself and others.
- Realizes the importance of effective listening.
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- $\circ$  Improves listening skills and experiences applications.
- o Realize the importance of Understanding-Reflection expressions in effective listening.
- $\circ$  Realizes the importance of voice tone and body language in communication and experiences
- o Realizes the importance of asking questions in communication and experiences
- Develops communication skills within the Emotion-Thought-Behaviour cycle.
- Experience the effect of I-Language, Sen Language, Disapproval Clauses, Supportive Clauses and Positive Expressions in communicating and not dealing with resistance.
- Recognizes basic emotions.
- Realizes the effects of emotions on acceptance of behaviours and experiences.
- The ability of empathy will improve.
- Experience the effect of the empathic approach.
- Realizing the effect of communication barriers on the communication process, he finds the opportunity to experience.

## Methodology & assessment

### Methodology

Pedagogical Approaches: Teacher training courses typically employ various pedagogical approaches to model effective teaching practices. This may include lectures, interactive seminars, workshops, and hands-on teaching experiences.

Practical Teaching Experience: Practical teaching experience is a fundamental component of teacher training. Participants often have opportunities to observe experienced educators and engage in actual teaching in classrooms or educational settings. Feedback and guidance from mentors are essential during these experiences.

Collaborative Learning: Collaborative learning is often encouraged in teacher training courses. Participants may work in groups to develop teaching materials, lesson plans, and teaching strategies. Collaborative projects can promote the exchange of ideas and best practices.

Reflective Practice: Reflective practice is a crucial aspect of teacher training. Participants are encouraged to reflect on their teaching experiences, analyze their teaching methods, and consider how to improve their practice. Journals, written reflections, and discussions are common tools for fostering reflective practice.

### Assessment

Written Assignments: Teacher training courses often include written assignments, such as research papers, case studies, or essays, on topics related to education and teaching methods. Examinations: Some teacher training courses may include written examinations to assess

participants' understanding of pedagogical theories, educational psychology, and other relevant subjects.

Professionalism and Communication: Assessment may also consider participants' professionalism, communication skills, and ability to collaborate with colleagues, parents, and students.

Feedback and Self-Assessment: Regular feedback from mentors and self-assessment are crucial

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components of teacher training assessment. Participants are encouraged to use feedback to improve their teaching skills

# **Certification details**

- 1. **Completion Certificate**: Upon successfully completing a teacher training course, you will typically receive a completion certificate or diploma from the training provider or institution. This certificate acknowledges your participation and successful completion of the training.
- 2. **Course Duration**: The duration of teacher training courses can vary widely. Some may be short-term workshops or seminars, while others may be more comprehensive and span several weeks or months. The certificate may indicate the total number of hours or credits completed.
- 3. **Content and Curriculum**: The certificate should outline the key topics, content, and skills covered during the training. This information helps future employers or educational institutions understand the scope of your training.
- 4. **Credits or Continuing Education Units (CEUs)**: In some cases, teacher training courses may offer academic credits or Continuing Education Units (CEUs). These credits can be valuable for professional development and may be recognized by educational authorities or institutions.
- 5. **Language of Instruction**: If the teacher training course is conducted in a language other than your native language, the certificate may indicate your language proficiency level or the language in which the training was delivered.
- 6. **Evaluation and Assessment**: Teacher training courses often involve assessments or evaluations of your performance. The certificate may include information about your performance in the training, such as grades or evaluations.
- 7. **Recognition and Accreditation**: Ensure that the teacher training course and the institution providing it are recognized and accredited by relevant educational authorities or professional bodies. This can affect the credibility and transferability of your certificate.
- 8. **Pedagogical Practices**: If the training includes practical teaching experience or classroom observations, the certificate may highlight your proficiency in specific pedagogical practices or teaching methodologies.

# Pricing, packages and other information

- **Price:** 400 Euro
- Package contents: Course

# Additional information

- Language: English
  - **Target audience ISCED:** Primary education (ISCED 1) Lower secondary education (ISCED 2) Upper secondary education (ISCED 3)
  - Target audience type: Teacher, Careers Counsellor, Researcher
  - Learning time: 25 hours or more
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